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Tiffany Fyans is a Chi Nei Tsang, Tao Touch and Universal Tao practitioner and instructor, offering remote training and consultation, and offering hands-on sessions. She offers holistic coaching for women around preconception, pregnancy and childbirth, supporting women to work with their bodies through their reproductive cycles. Practicing CNT since 1991, she became an instructor in 1996, and ...

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Ithaca Internal Arts - Authentic Liang Style Ba Gua Zhang ...

Eingebettet in die Kampfkunst Ba Gua Zhang ist ein komplettes System innerer Übungen, welche die Selbstheilung und Langlebigkeit förden und das Bewusstsein wandeln. Das Ba Gua Nei Gong besteht aus neun kraftvollen und tiefgehenden Methoden der inneren Übung und Selbstkultivierung....

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